



*Foundation
for
Healthy
Communities*

Sponsored by the Ohio Hospital Association

2011

Annual Report





Planting the seed

The Foundation for Healthy Communities was established by the Ohio Hospital Association (OHA) in 1994 as a catalyst to encourage and help Ohio hospitals in their missions to promote good health in the communities they serve.

Started with an endowment of approximately \$2 million, the FHC is a 501(c)(3) tax-exempt charitable organization with OHA as the sole member. OHA represents more than 167 hospitals and 20 health systems with more than 350,000 caregivers and other staff throughout Ohio.



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Cultivating ideas

Through 2010, grants were awarded annually to hospitals for health promotion projects. Grants totaling around \$100,000 were awarded each year for four to six projects. Since its inception, the foundation has funded **129 hospital programs** for nearly **\$1.6 million**.

The Foundation for Healthy Communities has also administered millions of dollars in state and federal grants to Ohio hospitals for various other projects, including pulmonary rehabilitation services to COPD patients, prenatal care for uninsured pregnant women and rural health grants for critical access hospitals.



Establishing roots

The foundation's mission is to

help hospitals lead Ohioans to better health.

Its values of **success of others**, **service to members**, **self-improvement** and **health, wellness and healthy lifestyles** guide the foundation's work towards health improvement across Ohio.

FHC's work is led by a 14-member board of directors consisting of hospital executives and community representatives who share a passion for improving the health of Ohioans.

A single act...throws out roots in all directions.

- Amelia Earhart





Branching out

In 2010, the board underwent an intensive strategic planning process and has directed foundation staff to move away from grantmaking – at least temporarily – so FHC can focus on making a bigger impact on the health of Ohioans by supporting the wellness promotion work going on in hospitals every day.

Now in its second decade, FHC has moved beyond its grantmaking and grant-administering roles to grow more fully into its mission. While continuing to engage partners for health improvement, the foundation is creating new opportunities to promote lessons learned from the work of its hospital grantees and to explore new avenues to help Ohio hospitals advocate for healthy communities. Rather than assisting just a few hospitals with annual grants, FHC is providing resources to all member hospitals.



Making an impact

The following activities are currently underway:

- Program development consistent with results of a survey of wellness managers in Ohio's hospitals, which identified current activities and needs.
- Monthly educational webinars are being offered to Ohio hospital wellness managers.
- An online resource sharing site is in development.
- An annual education and networking conference is being planned for 2012.
- A statewide hospital health promotion campaign is being created for 2012.

Stay tuned in 2012 as the
Foundation for Healthy Communities works to
help hospitals lead Ohioans to better health.



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