



Investing in

Wellness: *A dynamic state of being well, healthy and prosperous; an on-going process of maintaining balance and harmony among all the forces (mind, body and spirit) that act on everyday life.*

The Ohio Hospital Association's Foundation for Healthy Communities is proud of the role it has played for more than a decade in encouraging and supporting hospitals to partner with communities and

employees on wellness and health improvement initiatives. Your financial support will help the Foundation to continue to focus on health education and prevention programs.



Investing in

Wellness

For communities and workplaces throughout the state



*Foundation
for
Healthy
Communities*

The Foundation for Healthy Communities
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*Foundation
for
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of the Ohio Hospital Association

What Is the Foundation for Healthy Communities?

The Foundation for Healthy Communities is a non-profit, charitable organization sponsored by the Ohio Hospital Association (OHA). OHA represents more than 170 hospitals and 40 health systems with more than 230,000 employees throughout Ohio.

The Foundation's mission is to promote healthy lifestyles and position hospitals as leaders in the prevention of health risks, injury and illness. Our vision is to be a premier resource in partnering with hospitals and health systems to cultivate and support health care programs that are sustainable and improve the health status of Ohio citizens.

What we do

The Foundation awards grants and provides resources to Ohio's hospitals with which they initiate or enhance existing partnerships aimed at improving the health of the community-at-large. The Foundation facilitates collaborations among hospitals and health systems and community agencies and promotes healthy lifestyles and prevention.

Since its inception in 1994, the foundation has awarded more than 100 grants totaling more than \$1 million and through which hospitals have collaborated with hundreds of community partners to creatively solve issues of mutual concern. In addition, it has administered more than \$5 million in tobacco settlement funds, workforce development and rural health grants. The tobacco funds alone have facilitated more than 35,000 pulmonary rehabilitation services for adult suffering from respiratory disease. The quality of life has also been improved for hundreds of uninsured pregnant women and children, assisting hundreds of pregnant women who would have skipped prenatal care altogether.

Ways you can support Healthy Communities

1. Make a tax-deductible charitable contribution to support the Foundation's overall mission of preventive care and community wellness.
2. Support the Foundation's statewide initiative *Hospitals as the Healthiest Workplaces in Ohio!* program. Grants are competitively awarded to hospitals with programs that identify and document the best ways for workers to exercise healthy lifestyles and positively impact the overall cost of health care. These pilot programs will be shared with other employers as models of workplace wellness.
3. Partner with the Foundation and identify opportunities that meet your interests. Please contact the Foundation Director at 614.221.7614. We look forward to working with you!



Your contribution will support locally-based programs hospitals sponsor to promote healthy lifestyles, prevent illness, disease and injury, and improve community health status throughout Ohio.

Enclosed is my contribution made payable to the Foundation for Healthy Communities.

\$25 \$50 \$100 Other

Donor's Name(s) _____

Address _____

City _____

State _____ Zip _____

Home Phone _____

Work Phone _____

Email Address _____

This gift is:

In Memory of In Honor of
(person/institution)

Name _____

Address _____

City _____

State _____ Zip _____

I understand the Foundation is qualified by the Internal Revenue Service to receive contributions, gifts and bequests which are tax deductible.

Please send this card with your donation to the address on the back.

Thank you for supporting the Foundation for Healthy Communities!

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